

ENO Tree Planting Day

PLANT TREES — GROW SUPERHEROES!

Who needs a cape to be a hero? Trees do it just by growing! Join ENO Tree Planting Day on 22 May 2026 — plant a tree, bring your superpowers and take action for the better future. **Includes a Tree Art Competition!**

www.enoprogramme.org

#enoprogramme @enoschoolnet



22 May
2026



Instructions for the schools and communities

Welcome to plant trees with ENO and take part in the “A Tree for Life” art competition

Who needs a cape to be a hero? Trees do it just by growing! Join ENO Tree Planting Day on 22 May 2026 and take part in a global action for the environment and climate. Schools and communities around the world are invited to plant trees, learn together, and make a positive impact. By planting trees we help the environment to fight climate change but also support adaptation to a changing climate. Bring your students’ superpowers—curiosity, creativity, and teamwork—and take action for the future. The event also includes the tree art competition, “A Tree for Life,” where students can express their ideas and love for trees, forests, and nature through art. Take part and become everyday heroes for our planet!

Read the detailed instructions below on how to participate:

1. Tree Planting
2. A Tree for Life – Art Competition
3. Student Speech

1. Tree Planting



PREPARATIONS BEFORE

1. **Register your school or community for the event from [here](#)**
2. **Find out your local tree species:** Plant only trees that are typical for your climate and dominant tree species in your region! You could plant your apple seedlings sprouted, or perhaps a local native tree for wildlife. No matter what the species, make sure that it's not [an invasive species](#).
3. **Choose suitable places for trees and dig holes in advance.** When choosing your tree, ensure that the soil and place (shady/sunny) is suitable for it. Note that trees need plenty of room to grow, so don't plant them near houses. Investigate if there are any special considerations about [roots growth patterns](#) before buying your plant. Find out also what kind of care the tree will require over short and long-term periods. See more tree care tips [here](#).
4. **Take contact** with local experts and **find sponsors** for your seedlings.
5. **Find students** who will plant trees. Consider organizing a program for the event, such as singing, dancing, poems, or speeches.
6. **Involve local people** from your community to take part.
7. **Prepare to take photos and videos** during the occasion.
8. **Invite other** schools, special guests or your local celebrities to join this event, probably one of them could give a short speech?
9. **Get local media** involved.

YOUR TREE PLANTING DAY

1. Go to your tree planting site and gather around the seedling/s
3. Students plant trees together with adults (teachers, local people, special guests...)
4. Event program by the students for example ENO Tree Planting Song "[Hi and ho – we plant trees!](#)" or dances by students
5. A speech by student or your possible special guest/guests (see the student speech at the end of this document!)
6. Arrange a group photo, where students, guests and audience gather around the tree seedlings.

AFTERWARDS

1. **Planting was just a start. You have to take care of your tree.** Water it regularly. During the first couple growing seasons, your newly planted tree is expending a lot of energy trying to get its roots established in the soil. You can use mulch around your tree as it insulates the soil and helps to provide a buffer from heat and cold. It also keeps weeds out to avoid root competition
2. **Share your journey with others and with the ENO online community** on social media (FB, Twitter, Instagram):

[ENO Facebook](#)
[ENO Teachers Facebook](#)
[Instagram ENO Schoolnet](#)

Hashtags:

Facebook: #enoprogramme #eco2adapt
Instagram: @enoschoolnet @eco2adapt

2. A Tree for Life – Art Competition

What if one tree could tell a story about life on Earth? Trees hold real superpowers—they clean the air, store carbon, give us oxygen, and support life all around us. They are our everyday climate heroes, quietly protecting the planet. Now it's your turn to imagine and show what a "tree for life" means to you. Create an artwork that celebrates trees, their superpowers, and their connection to people, animals, and nature. Draw, paint, or design in your own style—let your creativity grow and share your vision of a greener future!

INSTRUCTIONS:

The competition has two categories:

1. Grades 1–6; students aged 7–12 years
2. Grades 7–9; students aged 12–16 years

Style and format are free, but please take the following into consideration:

No AI-generated or digital images are accepted. Photo collage on paper is allowed. Make sure your artwork is either A4 or A3 size.

Send a good quality photo of the artwork to info@enoprogramme.org by **31 May 2026**. Clearly include the name of the author, school, class, country, and category. A short story related to the artwork is welcome but not required.

All artworks will be published in an online gallery. Winners of each category will receive practical awards provided by the [Eco2adapt](#) - project.

*Artwork: Rabiya Khan,
Tirathbai Kalachand School,
India (2025)*



3. Student Speech – Tree Planting Day 2026:

Plant Trees – Grow Superheroes

Our message for today is simple but powerful: our environment matters—here at home and all around the world. Today, we come together for trees, nature, peace and unity. Students, teachers, families and communities across the globe are joining us from North, South, East, and West—to plant trees. These trees are part of a global movement to care for our planet and build a more peaceful and sustainable future in a changing climate.

Who needs a cape to be a hero? Trees are already heroes just by existing. Trees hold natural superpowers—they clean the air, store carbon, give us oxygen and support life, along with the rest of nature around them. They also help us adapt to a changing climate by cooling our surroundings, protecting soil and water and supporting biodiversity. By planting them, we are doing good for the planet and all living beings. Each tree we plant today is a tree for life—a symbol of hope, cooperation, and a better future we are growing together.

Trees also remind us that we are connected. We may live in different cultures, but we respect each other, nature and all living beings. Let's dedicate these as peace trees and grow alongside them with care and responsibility.

It is an honour to be part of a movement that believes in action. Your journey to making a difference starts here. Every small act matters. Every tree planted today is a step toward a greener, more resilient, and kinder world.

And don't forget—you can also show your ideas through the “A Tree for Life” Art Competition. Share how trees are superheroes in your eyes and inspire others with your creativity.